AMSER Case of the Month December 2022

HPI 23-year-old female with history of pneumonia presenting with chronic dyspnea

Asaad Chaudhry, MS4 Hackensack School of Medicine Mitchell Miller, MD Hackensack School of Medicine



Patient Presentation

HPI: 23-year old female presenting with chronic dyspneaPMH: prior pneumonias throughout childhoodPhysical Exam: Bilateral wheezingLabs: Noncontributory



What Imaging Should We Order?



Select the applicable ACR Appropriateness Criteria

Variant 1: Chronic dyspnea. Unclear etiology. Initial imaging.			
Procedure		Appropriateness Category	Relative Radiation Level
Radiography chest		Usually Appropriate	\$
CT chest without IV contrast		May Be Appropriate (Disagreement)	ଷ ଷଷ
CT chest with IV contrast		May Be Appropriate	ଷ ଷଷ
CT chest without and with IV contrast		Usually Not Appropriate	\$\$\$
FDG-PET/CT skull base to mid-thigh		Usually Not Appropriate	~~~
MRI chest without and with IV contrast		Usually Not Appropriate	0
MRI chest without IV contrast		Usually Not Appropriate	0
US chest		Usually Not Appropriate	0

This imaging modality was ordered by the ER physician

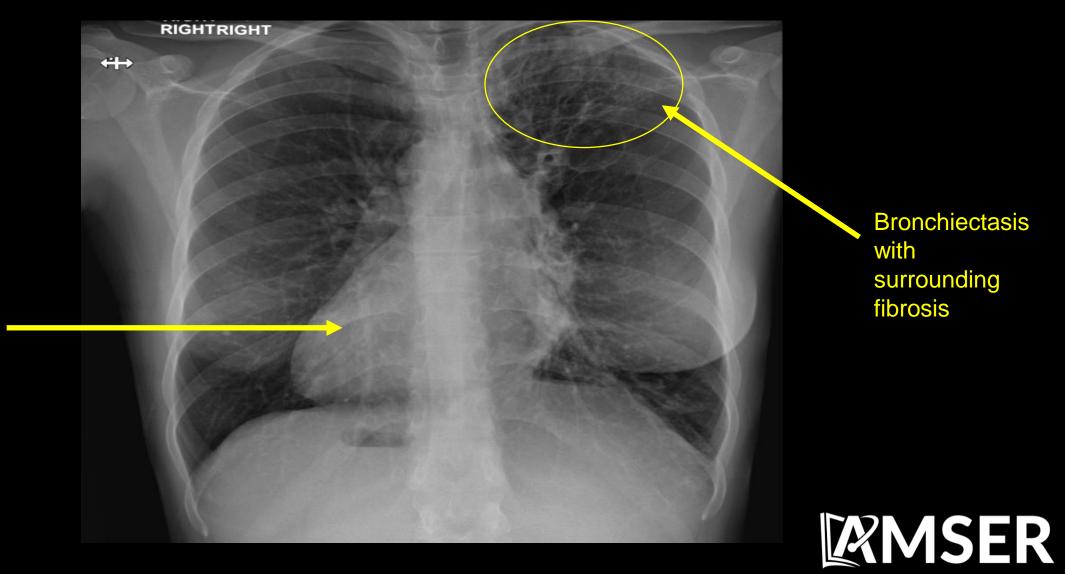


CXR Findings (unlabeled)



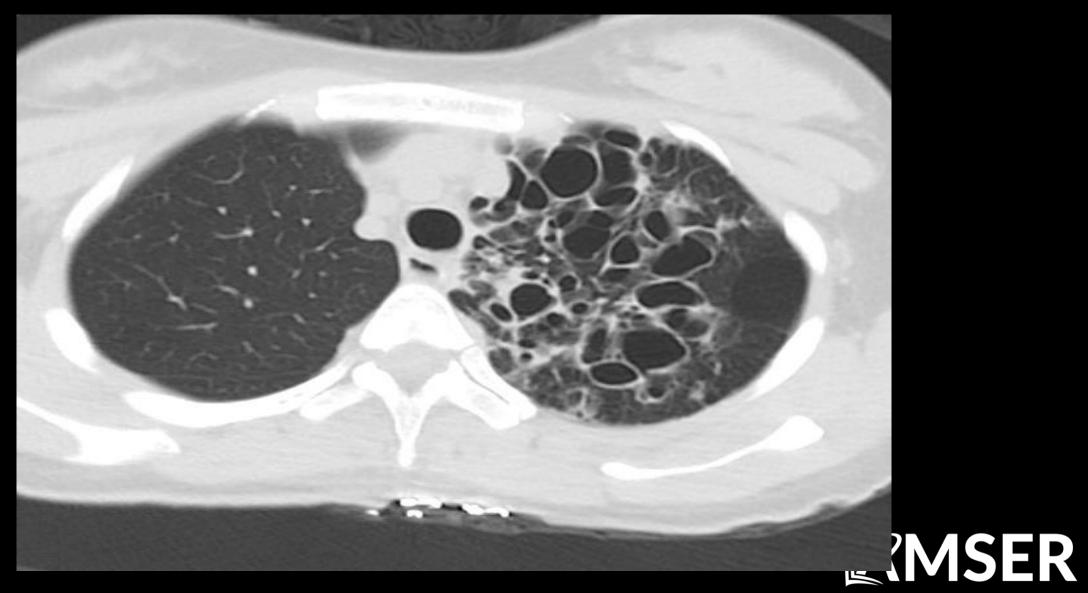


CXR Findings: (labeled)

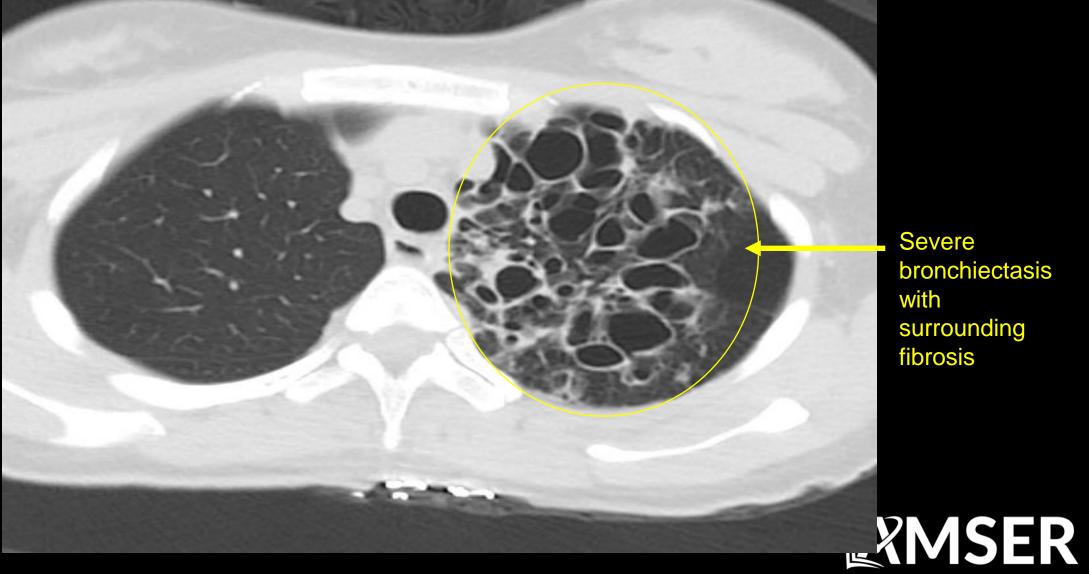


Dextrocardia

CT Chest Findings (unlabeled)



CT Chest Findings (labeled)



Severe bronchiectasis with surrounding fibrosis

Final Dx:

Bronchiectasis secondary to Kartagener Syndrome



Case Discussion

- Patho-Physiology: Gene mutation of dynein protein that leads to dysmotility of cilia
- Clinical Presentation
 - 50% present with dextrocardia
 - Frequent sinopulmonary infections due to decreased muco-ciliary clearance
 - Bronchiectasis
 - Infertility in men and women due to immotile sperm and decreased ciliary activity in fallopian tubes
- Diagnosis can be made through
 - Low levels of nasal nitrous oxide
 - Bronchoscopy + Electron microscope to visualize dysmotility of cilia



- ACR Appropriateness Criteria® Evaluation of the Chronic Dyspnea without clear Etiology. Available at https://acsearch.acr.org/docs/69448/Narrative/. Accessed July 23, 2022.
- Geremek, M., Schoenmaker, F., Zietkiewicz, E. *et al.* Sequence analysis of 21 genes located in the Kartagener syndrome linkage region on chromosome 15q. *Eur J Hum Genet* 16, 688–695 (2008). <u>https://doi.org/10.1038/ejhg.2008.5</u>
- Leigh MW, Pittman JE, Carson JL, Ferkol TW, Dell SD, Davis SD, Knowles MR, Zariwala MA. Clinical and genetic aspects of primary ciliary dyskinesia/Kartagener syndrome. Genet Med. 2009 Jul;11(7):473-87. doi: 10.1097/GIM.0b013e3181a53562. PMID: 19606528; PMCID: PMC3739704.
- Skeik N, Jabr FI. Kartagener syndrome. Int J Gen Med. 2011 Jan 12;4:41-3. doi: 10.2147/IJGM.S16181. PMID: 21403791; PMCID: PMC3056330.

