American Alliance of Academic Chief Residents in Radiology (A³CR²)

Spring Newsletter

March 2016



Dear Current, Past, and Rising Chief Residents,



Thank you for reading Aspire, the societal newsletter of American Alliance of Academic Chief Residents in Radiology (A3CR2), better known as "A-cubed". We are an academic society

of chief residents in radiology allied with the Association of University Radiologists (AUR).

On behalf of the executive committee of the A3CR2 it's my pleasure to invite you to join us at the upcoming 64th AUR Annual Meeting, which will take place March 29 - April 1, 2016 at the Manchester Grand Hyatt Hotel in sunny San Diego, California. The A3CR2 executive committee and faculty advisors have put together an excellent chief resident program, which will span the 4 days of the meeting. Our mission is to provide opportunities for radiology chief residents to develop leadership skills, share experiences, and ultimately prepare to take on the current challenges facing academic radiology.

This year's meeting-wide theme is diversity and inclusion; a topic highly pertinent to radiology residency and medical student recruitment. The annual Brogdon Panel featuring distinguished thought-leaders in this area is sure to be one of the many highlights of the week. We look forward to hearing your thoughts about these important topics

and hearing about your experiences.

The chief residents program will address several additional issues of critical importance to radiology GME. Discussions headlined by several leaders of academic radiology will focus on the path to leadership, practical tips for developing leadership skills, and the future landscape of radiology. Open forum sessions will be dedicated to sharing experiences and discussing the practical challenges which face every radiology residency; spanning from call structure, board preparation strategies, to medical student recruitment. Additional sessions will provide insight into the current academic and private practice radiology job marketplace, as well as hot topics in radiology education. Opportunities will be provided to network with other chief residents as well as attending radiologists across the breadth of academic radiology. Finally, we will discuss ways in which the rising generation of radiology chief residents can get involved in academic radiology leadership, including opportunities to join the A3CR2 executive committee! More details on this will be available the meeting.

As we are aware that many of you will be in the midst of preparation for the Core examination, a number of case review sessions have been schedule throughout the week, which will cover a wide range of board-relevant radiology case material, given by a number of highly recommended academic radiologists.

The AUR meeting always features a festive atmosphere, which will especially be the case this year in beautiful San Diego, with the historic gas lamp district just walking



San Diego Manchester Grand **Hyatt Hotel**

distance from the meeting site. Both the A3CR2 and AUR will be hosting multiple social events which are not to be missed! We look forward to seeing you in San Diego!

- Jeffrey Ware, MD President A³CR² University of Pennsylvania

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A³CR² MISSION

The American Alliance of Academic Chief Residents in Radiology is a robust community whose mission is to develop leadership skills in chief residents, to foster the collaboration of chief residents with one another and with the leaders of academic radiology, and to advance the interests of radiology residents in the affairs of organized medicine.

ON THE HORIZON 2016 Meeting and A³CR² Overview

The 64th Annual Meeting of the American Alliance for Academic Chief Residents in Radiology (A³CR²) will held in the great city of San Diego this year! As you may know, the A³CR² is a professional organization which seeks to equip Chief Residents with the skills and information to be effective leaders in their programs. The A³CR² portion of the AUR meeting emphasizes collaboration and provides an opportunity for residents all across the country to share experiences, ideas and solutions to issues facing radiology residents nationwide.

This year's conference theme is "Diversity, Inclusion and Cultural Competency in Academic Radiology." Our program features many exciting and innovative speakers as well as a broad range of topics. Some of the noted speakers include Dr. John Knudsen, Dr. Lucy Spalluto and Dr. M. Vicki Marx. The topic of the problem solving session this year is "Strategies for Facilitating and Maintaining Resident Engagement" and the session is shaping up to be dynamic one! Our goal at the problem solving session is to provide a safe forum for residents to share experiences and exchange information about the challenge of resident engagement.

Also on the docket are several case review sessions lead by nationally recognized radiologists. This is a highlight of the conference and many speakers share their personal approaches to challenging cases.

The A³CR² isn't all business though. This year the AUR will host a Welcome Reception aboard the Inspiration Hornblower in the San Diego Bay!

Looking forward to seeing you this year,

Kelsey Flynt, MD University of Michigan

Senior Faculty Mentor's Corner



Welcome to the A³CR²! As the new senior faculty advisor, I wanted to take a moment for introduction and talk about some goals and vision for the A³CR² It truly is an exciting and unique organization. Because the A³CR² is largely made up of current and former chief residents in radiology residency training programs, it has a dynamic perspective on issues related to resident education, career preparation, and future challenges in radiology.

My goal for the A³CR² is to elevate the organization into a primary hub for trainee education, networking,

and professional development information. The core goals of resident education, advocacy, and mentorship are challenged every day in busy academic practices. Increasingly, the higher clinical demand and non-interpretative obligations within a complex health system occupy larger amounts of time for clinical educators, often coming at the expense of resident teaching. Moreover, mentorship and advocacy often require longitudinal trainee relationships built over trust, confidence, and aspiration. As faculty and residents are pulled in more directions, it can be difficult for such mentorship opportunities to mature. I believe that the A³CR² committee work and programming at the annual AUR meeting can be an outstanding supplement / opportunity for resident education and professional development. The topics are timely, with direct relevance to the needs and interests of current residents. Numerous opportunities exist for networking, professional development, and career leadership.

I am grateful for all of the hard work and achievement that my predecessor Gautham Reddy put into the A³CR². For my part, I intend to bring a strong enthusiasm and core understanding of the resident perspective to this role. I have been fortunate to see several different institutions during my own training and practice – I completed my residency at the Hospital of the University of Pennsylvania and fellowship at the University of Michigan, where I remained on staff for 7 years, prior to coming back home to Northeast Ohio and joining the Cleveland Clinic last year. I was a resident member of A³CR², and many of the contacts that I made at the 2006 AUR meeting during my chief year are still people who I am in contact with professionally today.

The other faculty advisors for the A³CR² have demonstrated an interest in resident education and mentorship skill throughout their career. We are lucky to have a mix of senior and junior faculty from various institutions, so our collective voice can bring value and wisdom from different perspectives. The faculty members include several current or former program directors, and former chief residents/alumni of A³CR². The roster includes: Matthew R. Hammer (UT-Southwestern), Darel E. Heitkamp (Indiana University), Ramesh S. Iyer (University of Washington), Tan-Lucien H. Mohammed (University of Florida), Charles S. Resnik (University of Maryland), Richard B. Ruchman (Monmouth Medical Center), and Shane A. Wells (University of Wisconsin).

Again, welcome and thank you for your participation. I look forward to seeing you in San Diego this year!

Peter S. Liu MD Cleveland Clinic

2016 A³CR² Outstanding Teacher Award



The winner of the 5th annual A³CR² Outstanding Teacher Award is **Dr. Craig Morriss** of University of Texas Southwestern Medical Center. Dr. Morriss, a pediatric neuroradiologist, was nominated by the residents at UT Southwestern for his remarkable dedication to resident education undertaking tireless leadership at the global level of training as the residency's program director. All the while, he is regarded by his residents as an one of the best educators they interact with in both the lecture hall and as an attending in the reading room.

A³CR² awards chair **Dr. David Johnson** (Vanderbilt University) posed questions to Dr. Morriss:

Q: Dr. Morriss, you used to be associate PD before being promoted to program director in '12. What advice could you give to those in "supporting" roles?

A: Take time to know your resident not just in their academic performance but take a genuine interest in their lives. They must know you care and that you have their best interest at heart. Have an open door and listening ear. PD's need Associates who are close contact with the heartbeat of the program.

Q: You developed tracks in your residency for residents to pursue dedicated interests. What advice could you give to other PDs with similar interests?

A: Build a team of experts! There are likely many faculty members in your department who have expertise and experience in the area of excellence you are developing. Don't forget your PhD's, Research Assistants, and administrative staff who may be excited to help in an education effort outside their normal cubicle. Share your vision and work with others committed to resident education. Major initiatives need a team of experts and helping hands if they are to be sustainable and successful. Do not forget resources like your GME office or DIO.

Q: What was your most unexpected challenge as a PD?

A: Learning how to successfully deal with personal challenges in the lives of residents who are otherwise incredibly successful has been a great learning challenge. By nature, we tend to avoid these difficult experiences. Residents are human and I am learning how to coach them to success in areas beyond the academics. I have learned not to fear these encounters, but see them as an opportunity to build a healthy professional. The broader health of a residency program also depends on the PD dealing directly with problems. I credit my great Chief Residents with helping me understand this last point.

Q: How do you assure educational quality is excellent across the multiple subspecialties of a radiology department?

A:You must have a strong core group of faculty from each division who are committed to building curriculum and the very best teaching experiences. Once again, it is a team effort. We have a very strong Curriculum Committee with members from across the department. This group reviews rotation experiences and strives for optimizing the resident educational experience. This committee builds rotation goals and objectives and faculty evaluations. It is crucial to listen to resident evaluations and make changes. You also must not be afraid to go to a division director and discuss faculty who are receiving unfavorable resident evaluations.

Q: What is your favorite part of being a PD?

A: Seeing great young doctors succeed in life is my greatest joy. I love graduation night and telling their story as I hand them a diploma. It is so much fun to see them at meetings and hear the stories of how they are enjoying life out in practice. It is nice to know that I was a small part of the story.

Q. Any final words of advise for the current and past chief residents at A^3CR^2 ?

A: Be excellent in all you do and be leaders in medicine. Walk in the shoes of your patients and treat them with respect and dignity. A great physician must also be sound in every area of life and have a healthy personal life outside of medicine. Take care of those around you who love and support you and strive to have enjoyment in life outside the pressures of medicine. Be whole in your life over 360 degrees and you will be the finest physician.

Please join us in congratulating Dr. Craig Morriss on receiving the 5th annual A³CR² Outstanding Teacher Award!

SNEAK PEAK - A³CR² PROGRAM

BROGDON PANEL SPEAKERS



Dr. John Knudsen is an assistant professor of radiology and division chair of the ultrasound at the Mayo Clinic in Rochester, Minnesota, specializing in Abdominal imaging and Ultrasound. He attended medical school at Texas A&M Health Center College of Medicine. Dr. Knudsen then completed residency at Mayo and an Abdominal Imaging Fellowship at Duke University Medical Center. Dr. Knudsen is the Medical Director for the Office of Health Equity and Inclusion and chair of the LGBTI task force at the Mayo Clinic in Rochester which helps promote inclusivity and health equities to all patients at Mayo. Dr. Knudsen is involved at the national level in improving the delivery of health care to the LGTBTI community.

Dr. Lucy Spalluto is an assistant professor of radiology at Vanderbilt University in Nashville, Tennessee, specializing in Women's and Breast Imaging and a radiologist at Premier Radiology. She attended medical school at the University of Virginia School of Medicine. Dr. Spalluto then completed residency at Brown University and a Women's Imaging Fellowship at Vanderbilt University. She was the 2015 recipient of the Joan F. Giambalvo Fund for the Advancement of Women research from the American Medical Association. Through this award, she hopes to implement a female faculty development program in Radiology at her institution.

Dr. M. Victoria Marx is a Professor of radiology, the Vice Chair of Education, and the Diagnostic Radiology Residency Program Director at the University of Southern California in Los Angeles, CA. Her fellowship training is in both abdominal imaging and interventional radiology from Mallinckrodt Institute of Radiology, Washington University. Dr. Marx completed her radiology residency at Ohio State University. She has currently been on the USC faculty since 1999 and leads an active clinical practice in addition to her administrative and education roles. Dr. Marx also serves on the editorial board of the Journal of Interventional Radiology and is the current treasurer for the 2015-2016 SIR Foundation Board of Directors.

Joseph A. Graves, MD: Northwestern University Ann T. Packard, MD: Mayo Clinic Rochester







Dr. Spalluto



Dr. Marx

2016 CHIEF RESIDENT SURVEY RESULTS

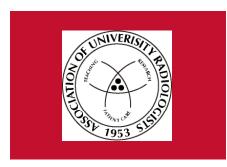


For over 40 years, the chief residents at the Mallinckrodt Institute of Radiology have conducted a survey of radiology chief residents across the country on behalf of A³CR² to obtain data regarding resident and chief resident benefits, the ABR CORE exam, call structures, and other items pertaining to radiology resident training. Topics on this year's survey include program demographics to reflect this year's AUR meeting theme of Diversity, Inclusion,

and Cultural Competency. The new dual certification IR/DR residency is another hot topic included in this year's survey. Approximately 170 chief residents submitted responses. We look forward to sharing the results at the 2016 AUR meeting.

Hilary Purdy Orlowski, MD Survey Committee Chair Mallinckrodt Institute of Radiology













2016 A³CR² PRELIMINARY SCHEDULE

64th Annual Meeting, March 29 - April 1, 2016

San Diego Machester Grand Hyatt

"Diversity, Inclusion, and Cultural Competency in Academic Radiology"

Tuesday, March 29, 2016

8:00 am - 8:30 am Welcome and Orientation

8:30 am - 9:00 am Case Review: Breast Imaging (Session 105)

9:00 am - 10:00 am Leadership Skills (Session 108)

10:30 am - 11:00 am Case Review: GI radiology (Session 109)

11:00 am - 12:00 pm ACR Update for Residents (Session 113)

12:00 pm - 1:15 pm A³CR² Networking Lunch (A³CR² Members Only)

2:00 pm - 2:30 pm Case Review: Cardiac Radiology (Session 117)

2:30 pm - 3:30 pm ABR Update for Residents

4:00 pm - 4:30 pm Case Review: VIR (Session 122)

4:30 pm - 5:30 pm Idea Forum (A³CR² Members Only)

5:30 pm - 6:30 pm A³CR²/APDR/SCARD/APCR Beer and Pretzels Reception

Wednesday, March 30, 2016

7:30 am - 8:00 am Case Review: Thoracic Radiology (Session 205)

8:30 am - 10:00 am AMSER Lucy Squire and APDR/ACR Keynote Lecture

10:30 am - 11:00 pm Case Review: Nuclear Medicine (Session 209)

11:00 am - 12:00 pm Problem Solving (A³CR² Members Only)

2:00 pm - 2:30 pm Case Review: Neuroradiology (Session 219)

2:30 pm - 3:30 pm Hot Topics in Resident Education

3:30 pm - 4:00 pm Break and Poster Viewing

4:00 pm - 5:30 pm Brogdon Panel

5:30 pm - 6:00 pm A³CR² Business Meeting and Elections

Thursday, March 31, 2016

7:00 am - 7:30 am Resident Case Review: Pediatric Radiology (Session 302)

7:30 am - 8:15 am Job Strategies for Residents

8:30 am -10:00 am Problem solving for residents, PDs, coordinators and Chairs

4:00 pm - 4:30 pm Resident Case Review: GU Radiology (Session 315)

4:30 pm - 5:30 pm Chief Resident Career Panel

Friday, April I, 2016

9:00 am - 10:00 am Practical Tips for Resident Leaders

10:30 am - 11:00 am Resident Case Review: MSK Radiology (Session 409)

11:00 am - 11:30 am Resident Case Review: US (Session 415)

HOW TO BECOME A MEMBER



Being a member of A³CR² is an exciting and rewarding experience. All current and former radiology chief residents are strongly encouraged to participate. To join A³CR², fill out the application posted on the AUR website at

http://aur.org/MembershipApplications/

AUR membership is required in order to join A³CR². If you are not an AUR member, you can apply for both AUR and A³CR² membership simultaneously. If you have already paid your AUR membership dues, simply fill out the application and include \$75 for the A³CR² membership fee.

We encourage everyone to pay their dues before attending the A³CR² program at AUR 2016

Philipose Mulugeta, MD Secretary and Publications Committee Chair University of Pennsylvania

2015-20		Chief Residents in Radiology (A ³ CR ²) ion and Biographical Data Form
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Representation at Intersociety Meetings





As Vice President, I had the opportunity to represent the A³CR² at the Intersociety Committee Summer Conference. The Intersociety Committee was established by the ACR in 1980 to promote collegiality across our field, foster exchange of information between radiologic societies and to identify ways radiology can improve. Determining the Summer Conference agenda is a collaborative effort between many of the 50 member organizations now represented in this committee. The 2015 Summer Conference was held at the Devil's

Thumb Ranch in Tabernash, Colorado with the theme "Driving Innovation in Radiology". The conference included sessions on the current and future status of radiologic innovation in devices, molecules and informatics, innovative techniques in education and opportunities for change. There was also a "confidential" presentation from a leader in one of the nation's top tech companies! Throughout the three-day conference, it was difficult not to be in awe of the radiologists sitting amongst me. From being in a small group with the president of the RSNA to eating dinner with the chair of the ACR executive committee, there were numerous opportunities to network with radiology's leaders. While intimidating at first, residents were easily incorporated into activities and our opinions were very highly regarded. Furthermore, establishing relationships with these leaders provides residents with a unique advantage when pursuing leadership positions in our future academic careers.

Discussion of the Intersociety Committee Summer Conference would be incomplete without mention of the consistently beautiful settings in which it takes place. The conference was "all business" in the mornings, which allowed time for exploration in the afternoon. At Devil's Thumb Ranch, breath-taking vistas, hiking trails, horseback riding and stream fishing were literally steps away. This year's conference will take place in Jackson Hole, Wyoming. I encourage all of you to run for an executive committee position in the A³CR² at the upcoming AUR conference so that you too may experience all the benefits of attending the Intersociety Committee Summer Conference.



2015 MEETING HIGHLIGHTS

Message from Past President



The 63rd Annual Meeting of A³CR² held at the New Orleans J.W. Marriott Hotel allowed radiology chief residents to explore the challenges facing radiology residents while networking in the light of Bourbon Street.

The highlight of the meeting featured roundtable discussions among members of the A^3CR^2 , the Association of Program Directors in Radiology (APDR) and the Society of Chairs of Academic Radiology Departments (SCARD). The focus of these two sessions was directed towards the evolving role of fourth year radiology residents and how we might

improve their training to better prepare residents to add value as both leaders and radiologists. The results were then summarized in a paper recently published in Academic Radiology.

Two idea forums were held to discuss the upcoming challenges facing radiology with the creation of the IR/DR pathway and the intricacies of medical student recruitment. We used real time polling software to facilitate discussion on different strategies that were successful. These sessions provided practical solutions that A^3CR^2 members could implement at their own programs.

During the annual ABR update session, Dr. Kay Vydareny presented the latest trends regarding the CORE examination, as well as refreshers on the philosophy behind the new board examination. The interactive question/answer session yielded a lively discussion about our concerns.

The popular Case Review series took on new meaning for 3rd year residents as they prepared for the CORE. Invited faculty again excelled by presenting high yield cases and imparting radiology pearls for the exam.

The A^3CR^2 sponsored Brogdon Panel led by Dr. Gautham Reddy centered on the theme of "Diversity in the Work Place". Dr. Reddy was able to capture the challenges facing radiology in recruiting different perspective to our field. The discussion it fostered in and outside the auditorium was inspiring and thought provoking. It was also the culmination of Dr. Reddy's service to the A^3CR^2 , as he finished his tenure as the A^3CR^2 advisor. We will be forever grateful for this vision and leadership at the

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Gautham P. Reddy, MD (second from left) is honored by the outgoing 2014 executive committee for his long tenure (2009-2015).



A³CR² . However, we will not miss a beat as Dr. Peter Liu takes the helm to lead the A³CR² into a brighter future.



Dr. Amorosa (Right), 2015 A³CR² Outstanding Teacher Award, with Dr. Zou (outgoing A³CR² VP, Right)

Congratulations to the new officers and members of the executive and steering committees. I look forward to seeing everyone in sunny San Diego!

Ziga Cizman
 University of North Carolina, Chapel Hill
 A³CR² Immediate Past President

LEADERSHIP OPPORTUNITIES

The Elections Committee is pleased to announce open elections for the 2016-2017 A³CR² Executive and Steering Committee to be held at the 2016 AUR meeting in San Diego.

Elections Process

Those A³CR² members who are interested in taking on extra responsibility are encouraged to run for positions within the Executive and Steering Committees. Executive Committee positions will be chosen first, consisting of a President, Vice President, Secretary, and Treasurer. The Steering Committee Chair and Membership positions will then be filled, with the roles and responsibilities as listed below. The winners of the election process for both the Executive and Steering Committees will be decided through a card draw. Full details will be annouced during the A³CR² Business and Elections Meeting on Wednesday, March 30th.

A³CR² **officers and Senior Faculty advisors at AUR 2015.** Left to right, Dr. Reddy (outgoing Senior Faculty advisor), Dr. Cizman (outgoing President), Dr. Ware (President), Dr. Ledbetter (V. President), Dr. Mulugeta (Secretary), Dr. Kolicaj (Treasurer) and Dr. Zou (outgoing V. President) and Dr. Mollard

Offices of the Executive Committee

President

Responsible for coordinating efforts of the executive and steering committee with the goal of advancing the Alliance

Vice President

Assists President with planning annual AUR meeting and leads education and outreach efforts

Secretary

Keeps a record of the meeting proceedings and conference calls Serves as Chair of Publications Committee, responsible for creating the biannual newsletter

Treasurer

Acts as principal accounting and financial officer while supervising the fiscal affairs of A^3CR^2



Steering Committee Chairs

Program Committee Chair

Organizes the annual A³CR² program in coordination with the executive committee and senior faculty advisor

Membership Committee Chair

Oversees chief resident membership, meeting attendance, and dues collection

Maintains a current address list of the members of A³CR²

Publications Committee Chair

Assembles and publishes the biannual A³CR² newsletter

Electronic Communications Committee Chair

Maintains the A^3CR^2 website and considers ways to improve traffic to the website by improving content

Manages social media resources to promote A^3CR^2 networking opportunities

Rules Committee Chair

Maintains and updates the A³CR² bylaws

Awards Committee Chair

Responsible for soliciting nominations and selecting (in association with the executive committee) A³CR² award winners

Elections Committee Chair

Informs potential candidates of the available offices and responsibilities prior to AUR meeting $\,$

Organizes elections of A^3CR^2 executive committee and steering committee chairs

Survey Committee Chair

Creates and distributes annual chief resident survey; analyzes and presents the results at the AUR meeting Currently exclusively maintained by Chief Residents of Washington University, St. Louis

ABR Liaison ACR Liaison APDR Liaison

2015-2016 A³CR² STEERING COMMITTEE

Officers

Jeffrey Ware, MD **President Vice President** Karyn A. Ledbetter, MD Philipose G. Mulugeta, MD **Secretary Treasurer** Nik Kolicaj, MD **Immediate Past President** Ziga Cizman, MD

University of Pennsylvania Henry Ford Hospital University of Pennsylvania Henry Ford Hospital University of North Carolina

Cleveland Clinic

Indiana University

Cleveland Clinic

University of Michigan

University of Washington

Faculty Advisors

Senior Faculty Advisor Faculty Advisors

Peter Shou-Cheng Liu, MD Matthew R. Hammer, MD Darel E. Heitkamp, MD Ramesh S. Iyer, MD

Tan-Lucien H. Mohammed, MD, MS Charles S. Resnik, MD

University of Maryland Richard B. Ruchman, MD Monmouth Medical Center Shane A. Wells, MD University of Wisconsin

Committees

Awards Chair: David P. Johnson, MD Vanderbilt University

Elections Chair: William D. Kerridge, MD, BEng Indiana University

E- Communications Chair: Alaa Beydoun, MD University of Maryland

Ochsner Medical Center Chair: Kathryn E. Pflug, MD Membership

Program Chair: Kelsey A. Flynt, MD University of Michigan

Problem Solving: Donald J. Perry, MD University of Washington

Kelsey A. Flynt, MD University of Michigan

Case Review: William D. Kerridge, MD, BEng Indiana University

Trent R. James, MD Kansas University Medical Center

Idea Forum: Laura B. Barnes, MD **UTSW**

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