<u>Results of the 2005 A³CR²</u> Annual Chief Resident Survey

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Greetings from St. Louis!



Purpose:

- To elicit the opinions of the chief residents in Diagnostic Radiology regarding many different resident issues
- Results are compared with previous years and trends are identified

<u>Survey Format</u>:

- Confidential on-line survey
- One response per training program, but no way to assure this
- Mostly multiple choice questions, with space available for text insertion where appropriate

Limitations of the Survey:

- Usefulness of the data limited by response rate
- We are eliciting opinions
- Sampling bias only chief residents are included in the survey
- Occasionally had more than one response per program

Survey Topics:

- <u>Repeated questions</u>:
 - Resident population
 - Salary, benefits, etc.
- <u>New questions</u>:
 - ACGME compliance
 - Boards preparation
 - Call systems
 - Night float details



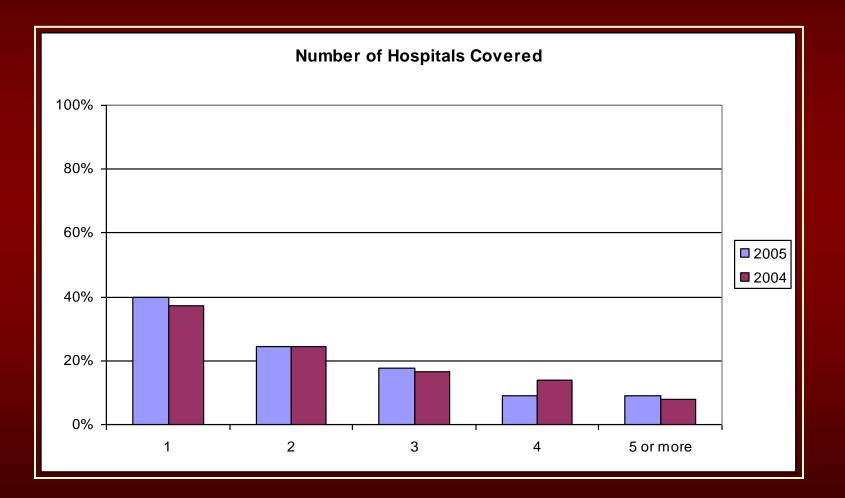
2005 Chief Resident Survey:

- 185 surveys sent out and 52 responses received
 - 28% response rate
 - 55% in 2004
 - 41% in 2003
- Why was the response rate so low?
 Bad luck?

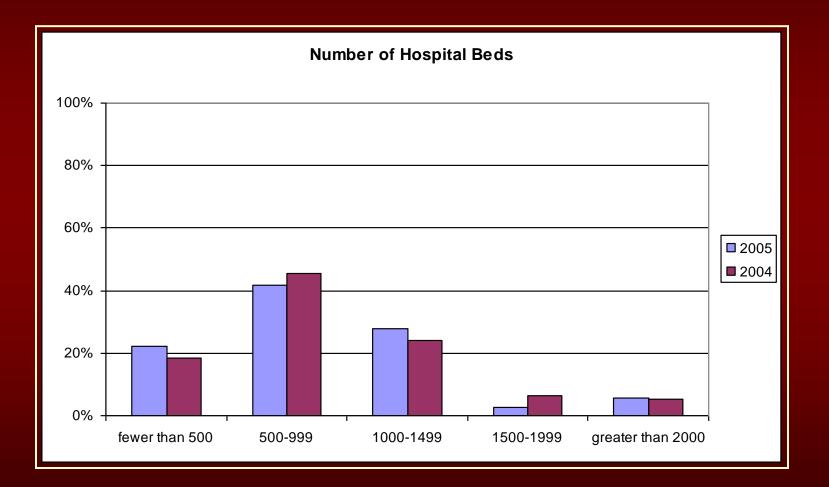
University Affiliation:

- 83% of respondents affiliated with a university
 - 80% in 2004

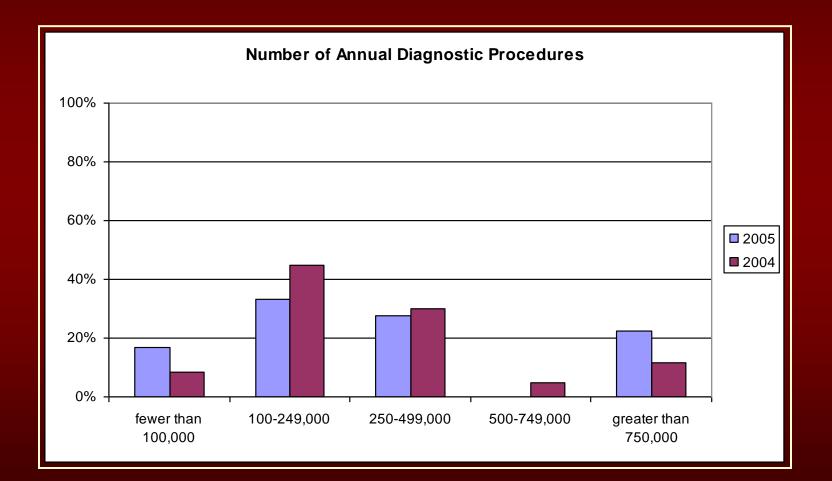
Number of Hospitals Covered:



Number of Hospital Beds:



<u>Number of Annual Diagnostic</u> <u>Procedures</u>:



ACGME Requirements:

- Effective July 1, 2003:
 - 80 hour weekly work limit
 - 10 consecutive hours off between shifts
 - Up to 24 hour work shifts with up to 6 additional hours for education/continuity of care
 - 1 of 7 days off averaged over 4 weeks
 - Call no more frequent than q3 days/nights

ACGME Requirements:

- 78% stated that the call experience is now better (85% in 2004)
 - Many stated <u>no real change</u>
 - <u>Better</u> \rightarrow More time to rest & study
 - <u>Worse</u> → Having to deal with the ramifications of other services' duty hours changes (other residents not as knowledgeable about their patients), lots of forms to fill out, higher number of call shifts
 - "It has required so much change in our call structure that the system is somewhat fragmented. At times, this detracts from the educational experience."

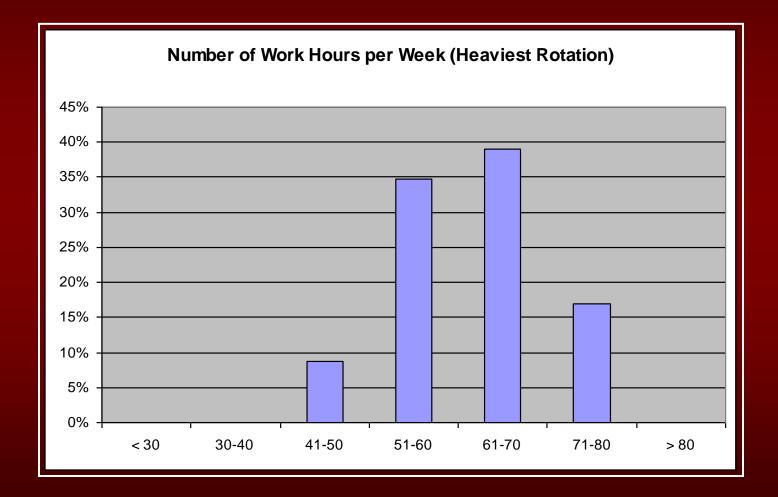
ACGME Requirements:

- 86% stated that their educational experience is better
 - 90% in 2004
 - <u>No change</u>
 - <u>Better</u> → More time to rest, study, more likely to participate in the daily work b/c less tired
 - <u>Worse</u> → More forms to fill out, getting in trouble for not filling out forms, "duty hour quiz", miss teaching conferences, rushed AM readout less time for teaching

<u>ACGME Compliance</u>

• 96% of programs fully compliant

ACGME Compliance



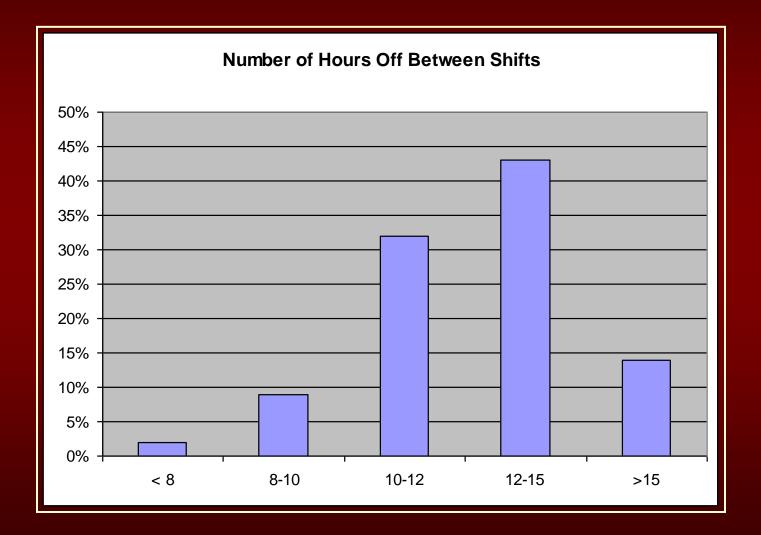
<u>ACGME Compliance</u>

- Call frequency:
 - 1-3 times per week \rightarrow 47%
 - $<1 \text{ per week} \rightarrow 53\%$

<u>ACGME Compliance</u>

- Number of days off per month:
 - $-4-5 \rightarrow 27\%$ $-6-8 \rightarrow 64\%$
 - >8 → 9%

ACGME Compliance



<u>Night Float</u>

- 67% of programs have night float system
 - 61% in 2004
 - 44% in 2000
 - 42% in 1996
- Wide variety of night float systems
 Daily or almost daily shifts (12 in 13, 7 in 7)
 - QOD (7 in 14, 14 in 28)

<u>Night Float</u>

- 100% responsible for ED studies
- 100% responsible for inpatient studies
- 40% responsible for remote studies from other locations

(10 respondents)

<u>Call</u>

- When does call begin?
 - $-1^{\text{st}}-6^{\text{th}} \text{ months} \rightarrow 7\%$ 5% in 2004
 - $-6^{\text{th}}-12^{\text{th}} \text{ months} \rightarrow 64\%$

74% in 2004

- After 12^{th} month $\rightarrow 29\%$

22% in 2004

Call

- Residents take an average of 58 in-house and 78 beeper call shifts during their residency
 - 114 in house calls in 2004
 - 62 beeper calls in 2004

(14 respondents)

<u>Call</u>

- 50% are responsible for scheduled, nonemergent studies after-hours
 - 53% in 2004
 - Extra pay?
 - 0% yes
 - 6% yes in 2004

<u>Call</u>

- What do residents pre-dictate on call?
 - Radiographs \rightarrow 100%
 - $\begin{array}{cccc} \text{CT} & \rightarrow & 70\% \\ \text{US} & \rightarrow & 80\% \end{array}$
 - $-MR \rightarrow 20\%$
 - Fluoro \rightarrow 70%

<u>Morning Read-Out</u>

- How do residents check-out after call/NF?
 - Real-live attending/fellow \rightarrow 53%- Write down your findings \rightarrow 20%- No check-out \rightarrow 20%- Other \rightarrow 33%
 - 24 hour staff coverage
 - Graduated system (1st years check out, 4th don't)

Call

• On the post-call day (excluding NF)

– 29% excused from work

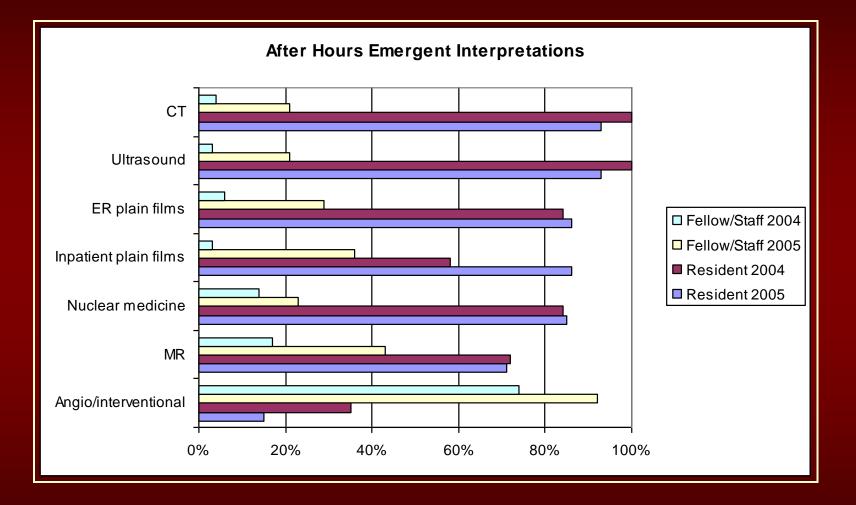
- 71% N/A (entirely NF system)



Interpretations primarily provided by:

	<u>Resident</u>	<u>Staff</u>
ED plain films	86%	29%
Inpt plain films	86%	36%
VIR	15%	92%
US	93%	21%
Nucs	85%	23%
СТ	93%	21%
MR	71%	43%

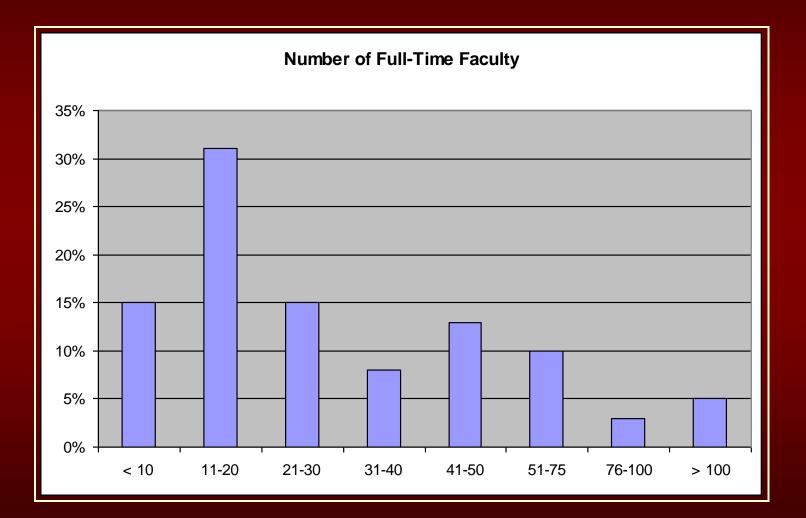
(14 respondents)



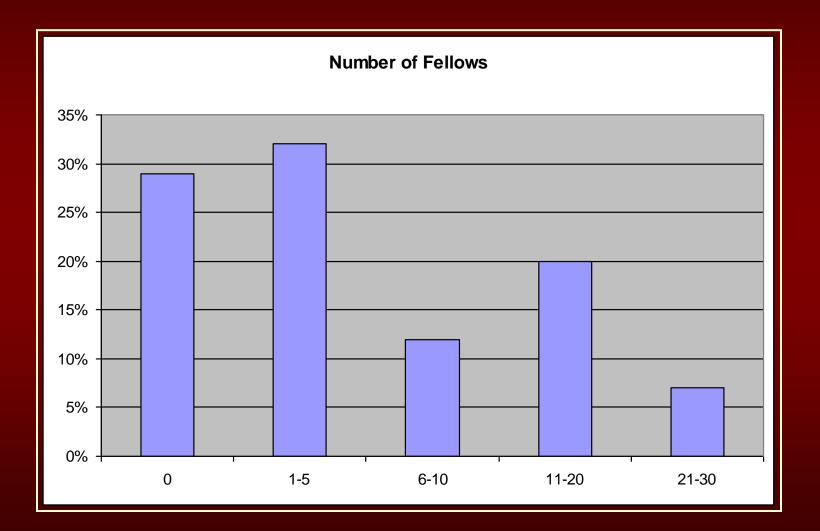
Call

- 33% provide on-call teleradiology
- 75% receive call meal coupons









Staffing

- Resident coverage in ED from 5-10PM?
 - Yes 88%
 - 97% in 2004
- Resident coverage between 10PM-6AM?
 - Yes 88%
 - 98% in 2004

Staffing

- In-house faculty coverage between 5-10PM?
 - Yes 35%
 - 45% in 2004
- In-house faculty coverage between 10PM-6AM?
 - Yes 14%
 - 7% in 2004
- 100% available by phone/pager if not in-house

Staffing

- In-house faculty coverage between 10PM-6AM
 - 90% attending covers the ED
 - 50% attending covers inpatient studies

Residents

• Number of residents:

	<u>2005</u>	<u>2004</u>
First year	5.7	6.2
Second year	5.8	5.9
Third year	6	5.8
Fourth year	5.6	5.8

<u>Residents</u>

- Percentage of women residents:
 - -1^{st} year \rightarrow 34%
 - -2^{nd} year \rightarrow 25%
 - 3^{rd} year $\rightarrow 30\%$
 - -4^{th} year \rightarrow 24%
- Women made up about 25% of their residency programs in 1992

<u>Residents</u>

- Increased number of residents compared to 5 years ago?
 - − 50% yes \rightarrow 53% in 2004
 - 12.5% no → 6% in 2004
 - 38% no change
- Number increased by an average of 2 residents

Resident Benefits

- Average Salary
 - 1st year \rightarrow \$43,195 (\$37,913 in 2002)
 - $-4^{\text{th}} \text{ year} \rightarrow \$49,407$ (\$45,522 in 2002)

Resident Benefits

- 50% of programs pay for temporary licenses
- 31% pay for permanent licenses
- 81% provide a book-and-travel fund - 75% in 2004
 - Average sum → \$722 (unchanged) in the form of an expense account

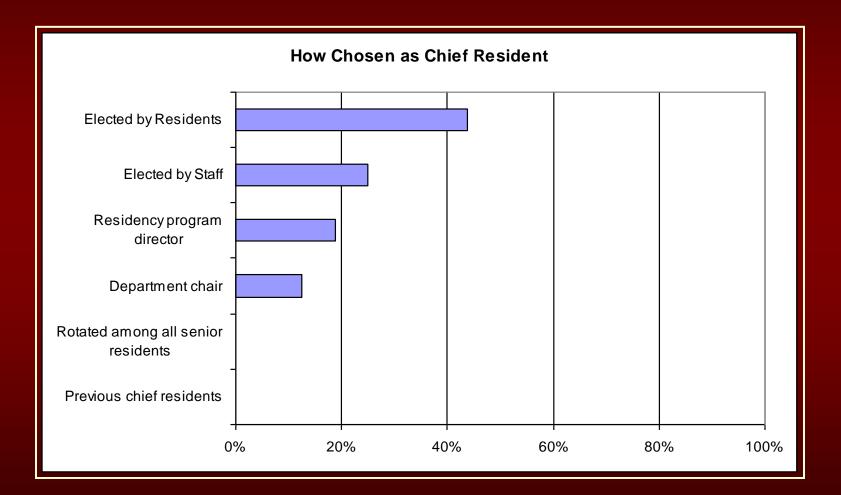
<u>Resident Benefits</u>

- Maternity Leave
 - Average of 6 weeks
 - Range from 2 wks to 6 months
- Paternity Leave
 - Average of 2 weeks
 - Range from 1 day to 3 months
- Child care provided by 13%

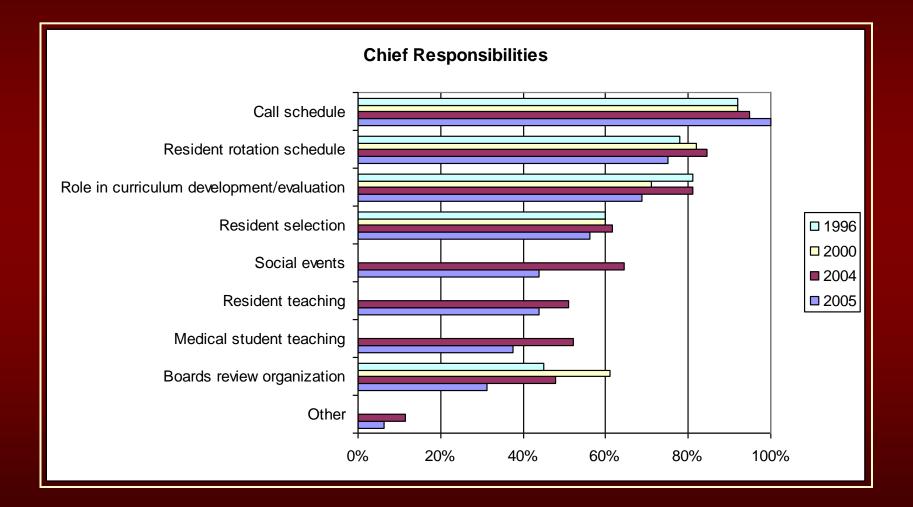
<u>Chiefdom</u>

- 81% of respondents (n=16) were outgoing chiefs
- 19% were incoming chiefs
- Average number of chiefs per program $\rightarrow 2$
- 69% serve their chief year in their 3rd year of residency

<u>Chiefdom</u>



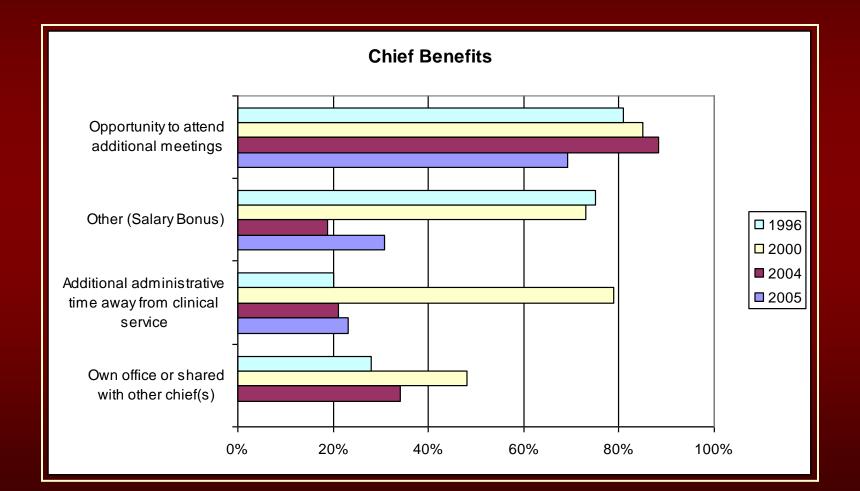
Chief Responsibilities



"many monotonous tasks"

Chief Benefits

"This position does not seem to be beneficial at all"



Chief Benefits

- 69% receive a salary bonus
- Average bonus amount \rightarrow \$1615
 - Range \$300-3600
 - \$1475 in 2000

"too small to characterize by monetary criteria"

Board Review

- 67% of pragrams have their own board review
- Reviews begin:
 - Before Jan \rightarrow 9%
 - Jan-Feb \rightarrow 43%
 - March-April \rightarrow 46%
 - May-June \rightarrow 3%
- Mostly faculty-run in 91%

Board Review

- Number of hours per week for reviews:
 - $< 5 \text{ hrs } \rightarrow 34\%$
 - $-5-10 \text{ hrs} \rightarrow 43\%$
 - $->10 \text{ hrs } \rightarrow 23\%$
- 44% of programs have protected time off for seniors to study for boards
 - Shorter hours \rightarrow 27%
 - Days off \rightarrow 13%
 - Occasional early dismissal \rightarrow 37%
 - Other \rightarrow 23%